

IF ABSOLUTE RISK IS 1 IN 10...



IF ABSOLUTE RISK IS 4 IN 10...



50% INCREASE



...RISK INCREASES IS 2 IN  
10



...RISK INCREASES IS 8 IN  
10

Relative risk is the likelihood of an event occurring in a group of people compared to another group with different behaviors, physical conditions or environment



SEDENTARY  
PHYSICALLY ACTIVE  
PEOPLE



LOW INCOME  
HIGH INCOME



OVERWEIGHT  
NORMAL BODY WEIGHT